

Desserts

NEW Salted caramel sticky toffee pudding  877 kcal Vanilla ice cream	4.99
NEW Millionaire's shortbread   409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.17
Vanilla ice cream   334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch   364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie   435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich   431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Fresh fruit    470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich  727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

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BREAKFAST

Served
8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Porridge    252 kcal (plain) Add: Banana  (110 kcal) 62p , Strawberries  (27 kcal) 62p Blueberries  (17 kcal) 62p , Honey  (91 kcal) 34p Sliced apple  (46 kcal) 62p	2.09
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Small breakfast   435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45	Mushroom Benedict  638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Add: Haggis (246 kcal) 1.40 Black pudding (178 kcal) 75p		Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.77
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	Beans on toast   566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread    460 kcal	3.66
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	Small beans on toast    252 kcal. Buttered white bloomer toast	2.62
Small vegetarian breakfast    291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45	Two slices of toast with jam or marmalade  524 kcal White bloomer bread	2.47
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Fresh fruit    200 kcal Apple, banana, blueberries, strawberries	3.66
		NEW Fresh fruit and yoghurt    334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45
		Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	4.36
		Vegetarian breakfast wrap  735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.36

Breakfast extras

Add any of the following:

Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Two mushrooms  100 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Two scrambled eggs  136 kcal	1.63	Two grilled tomato halves  16 kcal	52p
Vegan sausage  82 kcal	1.05	Fried egg  56 kcal	93p		
Slice of toast  225 kcal	1.13	Poached egg  63 kcal	93p		
Hash brown  82 kcal	46p	Baked beans  126 kcal	93p		

Breakfast deals

Includes tea, coffee or hot chocolate. Free refills

Breakfast roll Choose: Bacon  335 kcal Sausage 540 kcal Vegetarian sausage   347 kcal Fried egg   260 kcal Haggis  450 kcal Black pudding 556 kcal	3.77		
Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.31		
Egg & bacon muffin   314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77		
Egg & sausage muffin   417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77		
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77		
Breakfast muffin   482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.01		
Add: Hash brown  (82 kcal) 46p			

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —






£1.56 each

Flat white  92 kcal
Cappuccino  102 kcal
Latte  113 kcal
Mocha  147 kcal
Espresso  6 kcal
Black coffee  6 kcal
White coffee  24 kcal
Hot chocolate  169 kcal

Tea with semi-skimmed milk  14 kcal
Dairy alternative: oat sachet  4 kcal
Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread  151 kcal 71p
Stem ginger biscuit  123 kcal 71p
Belgian chocolate biscuit  129 kcal 71p
Salted caramel brownie bar  316 kcal 1.64

FOOD

Main menu 11.30am - 11pm. Children's menu available.



The Hay Stook

East Kilbride

This pub is in one of six malls in Scotland's 'largest undercover shopping centre'. Originally, the centre was two parades of shops, open to the elements. The shops were the focal point of the 'new town' of East Kilbride, officially opened by Harold Macmillan on 1 May 1959. The new town was built on 6,000 acres of open countryside, replacing hedgerows, hayfields and harvest stooks (sheaves set upright in fields to dry).

Table service
Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

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	Food hygiene information scheme We have been awarded the food hygiene rating of PASS in our pub.		Sustainable fish The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.
	100% UK and Irish beef From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.		Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills 
£1.56 each

Deli Deals
INCLUDES A DRINK 
Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink
£3.08
soft drink* **£4.11** | alcoholic drink* **£5.64**

Burger meals
INCLUDES A DRINK 
Featuring 3oz American burger
soft drink* **£5.44** | alcoholic drink* **£6.97**

Afternoon deals
INCLUDES A DRINK 
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£6.09** | alcoholic drink* **£7.62**

Steak Club
INCLUDES A DRINK 
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£9.67** | alcoholic drink* **£11.20**

Curry Club
INCLUDES A DRINK 
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£7.91** | alcoholic drink* **£9.44**

INCLUDES A DRINK 
Choose from over 150 drinks

	Coffee The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.
	Award-winning children's menu Best children's meals (first place) Independently run 'secret diner' survey.
	Sustainable Restaurant Association Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts
drinkaware.co.uk
jdwetherspoon.com
SCOCITY
MENU_6966

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.*

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Small plates | Any 3 for £14.93

8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita   467 kcal	5.80
Mozzarella, basil	
Haggis 597 kcal	6.38
Mozzarella, haggis, red onion	
Pepperoni  575 kcal	6.38
Mozzarella, pepperoni	
Ham and mushroom 505 kcal	6.38
Mozzarella, ham, mushroom, rocket	
BBQ chicken 555 kcal	6.38
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable  514 kcal	6.38
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable    355 kcal	6.38
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast    615 kcal	6.98
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
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11" garlic pizza bread  772 kcal	5.57

With any of the small plates below, choose one dip:

Sweet chilli   37 kcal	
Sticky soy  100 kcal	
Naga chilli    136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal	
Chipotle mayo    150 kcal	
Blue cheese  270 kcal	
BBQ sauce  83 kcal	
Halloumi-style fries   396 kcal	4.96
Chicken bites  322 kcal	5.91
Ten battered chicken breast pieces	
Southern-fried chicken strips   459 kcal	5.91
Five chicken breast strips	
Chicken wings    813 kcal. Ten spicy chicken wings	6.48
Quorn™ nuggets   331 kcal. Eight coated pieces	5.19

Deli Deals

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling.

Small brunch wrap 559 kcal	just-a-wrap, without a drink
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	3.08 each
Small vegetarian brunch wrap  545 kcal	
Fried egg, two vegan sausages, Cheddar cheese	
Small shawarma chicken    502 kcal	soft drink* 4.11 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Small Quorn™ nuggets   310 kcal	alcoholic drink* 5.64 each
Salad leaves, tomato, cucumber, salsa	
Small southern-fried chicken     399 kcal	
Salad leaves, smoky chipotle mayo	
Small fried halloumi-style cheese    391 kcal	
Salad leaves, sweet chilli sauce, tomato, cucumber	
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) 1.03 each	

12" wraps

NEW Shawarma chicken    719 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Quorn™ nuggets   508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken    609 kcal	soft drink* 5.70 each
Salad leaves, smoky chipotle mayo	
Fried halloumi-style cheese   707 kcal	alcoholic drink* 7.23 each
Salad leaves, sweet chilli sauce, tomato, cucumber	
Paninis	
Haggis and Cheddar cheese 684 kcal	
Cheddar cheese and tomato  527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	
8" pizzas on a freshly baked sourdough base	
Choose any 8" pizza from the small plates section.	
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Add: Side salad  (91 kcal); Spicy rice  (208 kcal); Chips  (602 kcal) 1.44 each	

Adults need around 2000 kcal a day.[§]

Burgers

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 696 kcal	soft drink* 5.44 each
Red onion, gherkin, ketchup, American-style mustard	
Classic beef burger 677 kcal	alcoholic drink* 6.97 each
Iceberg lettuce, tomato, red onion	
Skinny beef burger  375 kcal	
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
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American cheese burger 730 kcal	soft drink* 6.04
American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 7.57
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Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
Double American burger 1138 kcal	soft drink* 7.73 each
Red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 9.26 each
Double classic beef burger 1119 kcal	
Iceberg lettuce, tomato, red onion	
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Double American cheese burger 1207 kcal	soft drink* 8.30
American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 9.83

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Caledonian burger 1714 kcal	
Two 3oz beef patties, haggis, whisky sauce	
Tennessee burger	soft drink* 9.93 each
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal	
Fried buttermilk chicken 1703 kcal	alcoholic drink* 11.46 each
BBQ burger	
Maple-cured bacon, Cheddar cheese, BBQ sauce	
Choose: Beef (two 3oz beef patties) 1644 kcal	
Char-grilled chicken breast 1494 kcal	
Fried buttermilk chicken 1780 kcal	
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Triple American cheese & bacon burger 1770 kcal	soft drink* 11.38
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 12.91

Curries

Classic curries

With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry     927 kcal	soft drink* 9.84 each
Chicken tikka masala   1190 kcal	alcoholic drink* 11.37 each
Beef Madras     1043 kcal	
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Change your plain naan to a garlic naan  (add 92 kcal) 47p	
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Add: One vegetable samosa and two onion bhajis   (293 kcal) 1.76	
Two plain poppadums  (86 kcal) 47p	

Katsu curries

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry  542 kcal	soft drink* 8.73 each
Sliced char-grilled chicken breast	
Katsu Quorn™ nugget curry  686 kcal	alcoholic drink* 10.26 each
Eight coated pieces	
Katsu chicken curry 828 kcal	
Sliced whole breaded chicken breast fillet	

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger  776 kcal	soft drink* 5.44
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 6.97

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal	soft drink* 7.73 each
Breaded whole chicken breast fillet	
Char-grilled chicken breast burger 970 kcal	alcoholic drink* 9.26 each
Skinny chicken burger     394 kcal	
Char-grilled chicken breast, with a side salad, instead of chips	

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger™  1043 kcal	soft drink* 7.73 each
 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	
Breaded vegetable burger  1039 kcal	alcoholic drink* 9.26 each
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	

Just-a-burger

Served on its own, without chips or a drink. each **3.36**

American burger  367 kcal	
Red onion, gherkin, ketchup, American-style mustard	

Crunchy chicken strip burger   447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	1.97 each
Breaded vegetable patty  257 kcal	
 BEYOND MEAT patty  184 kcal	

Chicken baskets

Boneless basket 

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce

Choose: Side salad 720 kcal; **Spicy rice** 861 kcal; **Chips** 1255 kcal

Chicken bites basket	soft drink* 8.68 each
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice  763 kcal; Chips 1157 kcal	
Southern-fried chicken strips basket 	alcoholic drink* 10.21 each
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	

Quorn™ ‘no chicken’ nuggets basket  	
Eight coated pieces, coleslaw, sweet chilli sauce	
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	

Jacket potatoes

With side salad and one filling. Extra fillings 1.22 each.	
Coleslaw  559 kcal	soft drink* 6.85 each
Cheese  512 kcal	alcoholic drink* 8.38 each
Baked beans     482 kcal	
Roasted vegetables     383 kcal	

11" pizzas

Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita  934 kcal. Mozzarella, basil	soft drink* 8.68	alcoholic drink* 10.21
Haggis 1194 kcal		
Mozzarella, haggis, red onion		
Pepperoni  1151 kcal	soft drink* 9.84 each	
Mozzarella, pepperoni		
Ham and mushroom 1011 kcal	soft drink* 9.84 each	
Mozzarella, ham, mushroom, rocket		
BBQ chicken 1097 kcal	alcoholic drink* 11.37 each	
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable  1028 kcal		
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable   709 kcal		
Mushroom, roasted pepper, courgette, onion, basil		
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Spicy meat feast    1214 kcal	11.02	12.55
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
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Additional toppings		
Red onion  10 kcal; Sliced chillies      3 kcal		
Mushroom  4 kcal	each 88p	
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Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each 1.15	
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Pepperoni  109 kcal; Roasted vegetables  90 kcal		